

Addison County Menu of Services

Food Resources

3SquaresVT: Income based assistance toward food and automatic enrollment in most school free lunch programs. General assistance, fuel assistance, and Reach-Up Financial Assistance also available through Economic Services.

Call 1-800-479-6151 or sign up online at www.mybenefits.vt.gov

WIC program: Supplemental nutrition food program for *Women, Infants & Children*, offered through the Department of Health, provides breastfeeding support and a WIC Card to shop at the supermarket for healthy foods. **Having Medicaid/ Dr. Dynasaur automatically qualifies you.**

1-888-253-8804 or 388-4644

www.healthvermont.gov

Food Shelves:

Have a Heart Food Foundation: 11 School St. Bristol **453-3187** Food distributed once a month. Sign put up one week prior and a yearly schedule is available from the volunteers.

Vergennes Community: 30 South Water St. **877-2435** Tuesdays and Thursdays 2pm - 4pm
No income limits or application required; Some fresh produce; Saturdays 8am - 10am
Located in the red building behind the Vergennes Congregational Church.

HOPE: 282 Boardman St. Middlebury **388-3608** Monday - Friday 9:30 am until 4 pm
Food shelf includes diapers, fresh produce, bread, and baked goods. HOPE also can help with clothing, housing, prescriptions, and many other challenges.

CVOEO: 54 Creek Rd Middlebury, VT **388-2285** Monday - Friday, 8 am until 4 pm

Starksboro Food Shelf: 3056 Rte. 116 Starksboro **453-2639** 2nd and 3rd Wednesdays 10:30 am until 6 pm

Victory Baptist Church: 862 Rte. 7 Vergennes **877-3393** Monday - Friday 9 until 3:30 pm

Whiting Cupboard: 13 North Main St. Whiting **623-8171** Monday 1 - 3 pm

Brandon Food Shelf: Rte. 7 and Union St. Brandon **247-6720** Monday and Wednesday 8:30 - 9:30 am

ID and a piece of mail required; Must live in Brandon, Sudbury, or Goshen; Can visit once a month; Some fresh produce and bakery items.

Community Meals:

For other Meal Sites call 2-1-1

Free Community Lunch in Middlebury. **Mondays** at St. Stephen's Episcopal Church, on the green.

Tuesdays-Thursdays at the Charter House, 27 North Pleasant St. (just north of the Middlebury Inn). 11:30 a.m.-12:15 p.m. Eat in or take out. Supported by area churches.

Free Community Supper in Middlebury. **Fridays**, 5-6:15 p.m. Congregational Church Fellowship Hall. Meals provided by over 35 different groups. Info: 388-7634 or 388-7613.

Free daily summer meals for all children 18 and under available in many communities.

No application, registration, or reservations needed. www.hungerfreevt.org/summer-meals-sites

Insurance

Dr. Dynasaur / Medicaid: Health insurance for children up to age 18 and pregnant women. You may get Medicaid even if: 1) you have a job and are earning money, 2) you have other insurance, or 3) you have resources. Benefits include: *Doctor visits, check-ups, dental care, immunizations, vision care, hospital care, prescriptions, lab work and tests, physical and speech therapy, and mental health care.*

Call 1-855-899-9600 to apply or visit: <https://portal.healthconnect.vermont.gov/>

Health Connect Navigators: Available to help with applications, questions, and issues in person or by phone.

CVOEO: 388-2285

Open Door Clinic: 388-0137

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Parenting Resources

Childcare Subsidy Program: Helps with finding and costs of registered or licensed childcare for income eligible parents, who work, are looking for work, or attending school/training. **Call 388-4304 Mary Johnson Childcare Center**

Children with Special Health Needs (CSHN): Provides specialty medical care for children with certain conditions. Services include home visits, specialty clinics, medical and developmental diagnosis and treatment, care coordination and referrals. They can also help with Medicaid/Insurance billing. **1-800-660-4427**

Parent Child Center: Offers home visits and/or on-site programs. Their well-trained, caring staff works to get families what they need. Services available include:

Parenting support and sibling adjustment	Playgroups
Developmental Screening and Interventions	Alternative Education
Children with Special Health Needs	Emergency financial assistance
Emotional & behavioral support	Housing for previously unsuccessful renters

Behavioral, Mental Health and Recovery Resources

Counseling Services of Addison County (CSAC): Community based family support, counseling, and education services for individuals and families challenged by emotional or behavioral problems, developmental disabilities, or addictions.

Call for appointments or information 388-6751

CSAC Crisis Line 24/7 Call 388-7641

Turning Point of Addison County: Peer to Peer recovery support **388-4249** www.turningpointaddisonvt.org

Transportation

ACTR (Addison County Transit Resource): Transportation to medical, counseling, dental & WIC appointments for people with Medicaid/Dr. Dynasaur. Available M-F & some weekends. At least 48 hours notice is needed to arrange for private drivers. Mileage reimbursement for long term health care. Affordable public transportation available for everyone.

Call 388-ACTR (2287) <http://actr-vt.org/>

Child Car Seat Safety Fitting Stations:

Fitting stations are a free and convenient way to have your car seat inspected by a certified technician, find the proper seat for your child, learn about correct installation, and use of car seats. WIC participants are eligible for FREE car seats. See the Middlebury WIC office to receive a coupon card.

Middlebury Police: By appointment **388-3191**

Vergennes Rescue: 3rd Sat. of the month by appt. **877-3683**

Housing

Section 8: Vermont State Housing Authority 802-828-3295

CVOEO: Emergency back rent, fuel/utility assistance **388-2285**

Addison County Community Trust: 877-3749

HOPE: A source for housing, used clothing & furniture **388-3608**

John Graham Shelter: 69 Main Street Vergennes **877-2677**

VT Tenants, Inc: Advocacy & support for tenant/landlord issues and rental problems. www.cvoeo.org **Call 388-2285**

Charter House: winter housing facility that serves as an emergency home. <http://www.charterhousecoalition.org/home>

Safety

WomenSafe: Domestic/sexual violence victim advocacy organization providing: 24-hour hotline, crisis intervention, legal, medical & community advocacy, supervised visitation, support groups, outreach & education.

Info: 388-9180 Hotline: 388-4205 TTY: 388-9181

E-mail: info@womensafe.net Web: www.womensafe.net.